

2. _____

Location: Left Right Both Center

Severity: Mild Mild to Moderate Moderate Moderate to severe Severe

Frequency: Intermittent Occasional Frequent Constant

Are there any activities, incidents or events that may have caused this complaint? Yes No

If yes, please explain: _____

What activities or positions make your condition worse? _____

What activities or positions make your condition better? _____

What type of pain are you feeling? Achy Dull Sharp Fiery Throbbing

Visually mark your pain scale? No Pain _____ | _____ Severe Pain

Does your pain travel anywhere? Yes No

If yes, please explain: _____

What time of day is your pain more significant? Morning Afternoon Evening During night

During activities

What side effects occur due to your pain? Decreased Range of Motion Numbness

Tingling Increased sensitivity Tightness

Patient History:

Name of family physician: _____

Address: _____ Last visit date: _____

List all hospitalizations and their dates: _____

Reasons: _____

Have you had any surgeries? Yes No

Last surgery date: _____ Reason: _____

List all fractures you have had and their dates: _____

List all dislocations you have had and their dates: _____

Past or Current Problems (Check all that apply)

<input type="checkbox"/> Autoimmune disorders	<input type="checkbox"/> Cancers/Tumors/Cyst	<input type="checkbox"/> Kidney disorders	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Allergies	<input type="checkbox"/> Cardiovascular diseases	<input type="checkbox"/> Thyroid Conditions	<input type="checkbox"/> Liver disorders
<input type="checkbox"/> Anemia	<input type="checkbox"/> Viral/Bacteria (e.g. Polio)	<input type="checkbox"/> Reproductive problems	<input type="checkbox"/> Vision problem
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Gastrointestinal disorders	<input type="checkbox"/> Respiratory conditions	
<input type="checkbox"/> Asthmas	<input type="checkbox"/> Epilepsy/CNS/PNS	<input type="checkbox"/> Endocrine disorders	

Family History (Check all that apply)

<input type="checkbox"/> Autoimmune disorders	<input type="checkbox"/> Cancers/Tumors/Cyst	<input type="checkbox"/> Kidney disorders	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Allergies	<input type="checkbox"/> Cardiovascular diseases	<input type="checkbox"/> Thyroid Conditions	<input type="checkbox"/> Liver disorders
<input type="checkbox"/> Anemia	<input type="checkbox"/> Viral/Bacteria (e.g. Polio)	<input type="checkbox"/> Reproductive problems	<input type="checkbox"/> Vision problem
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Gastrointestinal disorders	<input type="checkbox"/> Respiratory conditions	
<input type="checkbox"/> Asthmas	<input type="checkbox"/> Epilepsy/CNS/PNS	<input type="checkbox"/> Endocrine disorders	

Social History

Do you drink alcohol? Yes No How many drinks/week? _____

Do you smoke cigarettes? Yes No How many packs/day? _____

Do you drink coffee/caffeine? Yes No How many drinks/day? _____

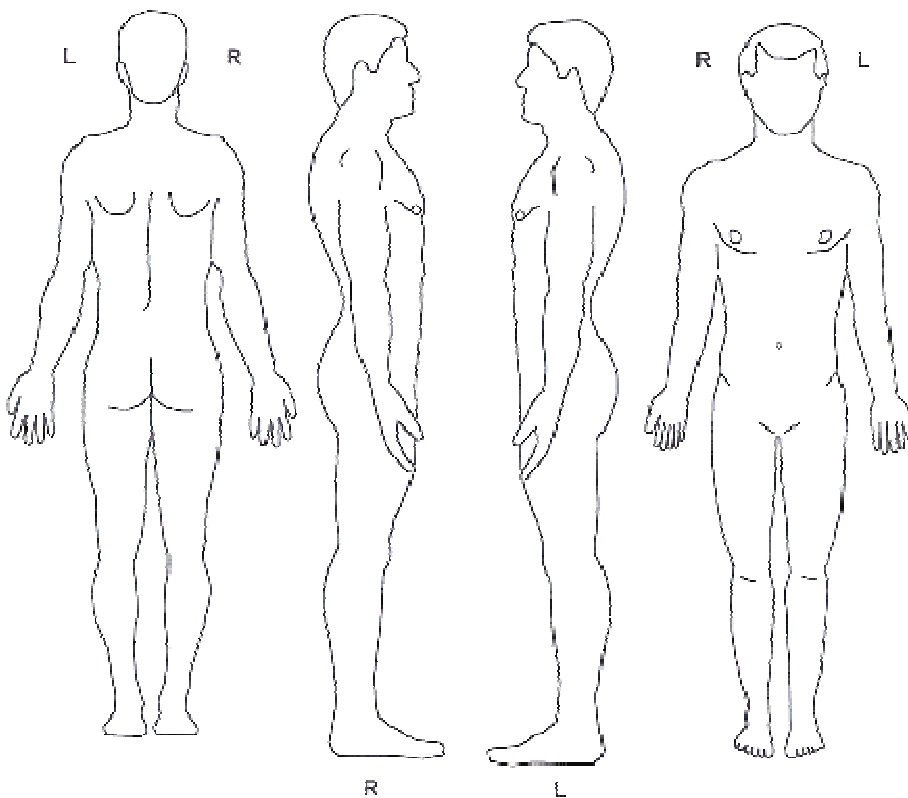
Do you exercise? Yes No How many hours/week? _____

Females Only

Last period date: _____

Birth Control: Yes No

Are you pregnant? Yes No



Please draw the location of your pain or discomfort on these images. Use the symbols shown below to represent the type(s) of pain:

D = Dull/Achy

B = Burning

N = Numb

S = Stabbing/Sharp

T = Tingling (Pins & Needles)

C = Cramping/Tight

Patient Signature _____

Date _____